

# YOUR GOOD HEALTH MATTERS



From left, Maddie Negria, Patient Care Coordinator, Sharon Calvert, ARNP, Nurse Practitioner, Kate Banick, Executive Director.

*"We make a living by what we get, but we make a life by what we give"*  
~Winston Churchill

The Fourth Annual Big Kahuna Contest and Beach Luau, is the clinic's major fundraiser and will be held in February 2015. You may support this event through donating to a Kahuna or attending the event (details to be announced).

There are also other ways to support the Good Health Clinic...you may do so by either making a tax-deductible donation to their "Have a Heart" campaign fund online at [www.thegoodhealthclinic.org](http://www.thegoodhealthclinic.org) or by volunteering your services.

Also don't forget to "LIKE" the clinic at [facebook.com/thegoodhealthclinic](https://www.facebook.com/thegoodhealthclinic).

For questions about any of these support efforts or the clinics services please contact Kate Banick at 305.853.1788.

*"He who has health has hope, and he who has hope, has everything." ~Arabian Proverb*

The Good Health Clinic is proud to be celebrating its 10 Year Anniversary. Coinciding with its anniversary celebration, the clinic is also celebrating new staff and a new medical provider structure which focuses on improved patient care and efficient use of donor dollars.

The Good Health Clinic, the only FREE healthcare facility in Monroe County, is a 501(c)(3) charitable organization whose mission is to provide healthcare to the homeless, uninsured and low income residents of the Upper Keys. While The Good Health Clinic focuses on providing free primary care, it also has a network of charitable doctors and medical facilities which provide secondary, tertiary, ancillary and specialty healthcare services. The clinic's board and staff are working diligently to expand services provided through the Good Health Clinic and ensure this needed community resource continues for years to come.

With this fresh start, the Board of Directors at the Good Health Clinic is proud to announce the appointment of Kate Banick to the role of Executive Director. With over 10 years of non-profit experience, including time working in the public health sector, Kate brings an array of skills that include management, operations, public relations, and fundraising. Her high level of energy and motivation has already positively impacted the clinic. Having visited from her home state of Connecticut, she fell in

love with the Keys and has called it her home since 2002.

The clinic also boasts new Medical Co-Directors, Dr. Eugene Manuel and Dr. Brent Sperry, both talented Board Certified Internal Medicine physicians and long time members of our community. Each Medical Director offers over 30 years of experience collectively covering areas of private and hospital practice, medical business management, and charitable work for underserved populations. These physicians' association with Mariners Hospital also allows for continuity of care between hospital and outpatient setting for Good Health Clinic patients.

Along with the new directors, the clinic has engaged nurse practitioners who focus on providing care with a holistic approach to patient health. This new multi-tiered staffing structure provides patients the benefit of a broadened scope of medical knowledge to address their health issues, and also allows the clinic to be more economically efficient so every donated dollar has a more significant impact.

Funding for the clinic comes from Baptist Health South Florida, Monroe County Human Services Department, event fundraising, private foundations and individual donors. Efforts at the Good Health Clinic are largely powered by in-kind donations, volunteers and local medical providers who donate their services. The clinic cares for over 600 patients in the Upper Keys who qualify for services.



**The Good Health Clinic**

**Hours of Operation: Monday – Friday, 9:00 a.m. - 3:00 p.m.  
91555 Overseas Highway, Suite 2, Tavernier, FL 33070**

To be eligible you must live between MM 72 and MM 113, currently be uninsured with income level restrictions. For more guidelines and applications for service you may call 305.853.1788, stop by the clinic, or visit online at [www.thegoodhealthclinic.org](http://www.thegoodhealthclinic.org).